

The transit of Saturn into the zodiac sign from the house in which planet Moon is located at the time of your birth is known as Saade Saati of Saturn. The Saade Saati of Saturn has three phases: The transit of Saturn into twelfth house from Zodiac sign of birth is called the first phase. The transit into the birth sign is the second phase. The transit into the second sign from the birth sign is the third phase. As Saturn remains for two and half year in each phase that is why it is called Saade Saati. The seven and half years are never always unlucky only. The favourableness and unfavourableness of Saturn depends upon its relations(friendly/enemy/neutral)withthe ruler of that particular house and according to the ownership of Saturn in the house of birth sign.

Saturn - Date wise Table of Sadesati

First Cycle

First Phase 23/10/2038 - 28/01/2041

Second Phase 28/01/2041 - 12/12/2043

Third Phase 12/12/2043 - 08/12/2046

Second Cycle

First Phase 31/08/2068 - 05/11/2070

Second Phase 05/11/2070 - 06/02/2073

Third Phase 06/02/2073 - 17/01/2076

Third Cycle

First Phase 12/10/2097 - 26/12/2099

Second Phase 26/12/2099 - 03/12/2102

Third Phase 03/12/2102 - 30/11/2105

Your first phase of Saade Saati begins with the transit of Saturn into the Virgo sign. In the first phase, Saturn remains in Virgo sign of its friendly planet Mercury. Here Saturn is positioned in the twelfth house while ruling the fourth and fifth house. The fifth house pertains to mother

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and children. In such a situation, you get affected by insanity, moroseness and excess of short temperedness. It is very painful for you to stay at home, rather you enjoy staying away. There is increase in wastage and exhaustion of accumulated money also. During this period, there are possibilities of indulging in some drug addiction. Your behaviour turns wicked, bitter and full of lies, which results in friction among the family members, and so you may have to stay away from home. Friends also start betraying and situation of demotion in service or getting transferred also arises. You have to face difficulties and hurdles in every field. You remain dissatisfied with your fortune. There is lackness in the delight from mother and maternals and the mother face problems. In such a time, you can earn handsomely, if you go away from home. You also develop relations with the people of low birth. You should be very careful as there are chances of getting injured also. There may be some throat disease due to irregularity in taking meals. In such a time, you generally leave your work incomplete and there is possibility of sickness of life partner also. During this period, you do not respect anybody, but may find success in the field of writing. You do not maintain preceding relations with father. Expenses increase excessively in the house and you may have to face danger due to your foolishness.

Your second phase of Saade Saati begins with the transit of Saturn into the Libra sign. In the second phase, Saturn remains in the Libra sign of its friendly planet. Here Saturn is positioned in Lagna while ruling the fourth and the fifth house. The fourth and the fifth house pertains to mother and children. Saturn remains at the highest state after transaction into the Libra sign. In such a situation, you receive respect, glory etc. You remain healthy and incline towards recreation. You earn fame in the society and deserve love but you turn reserved. You also become perfect in activities, intelligent, learned and theist, and develop interest in religion and worships. You also participate in auspicious occasion and get opportunity for pilgrimage also. In such a time, your interest develops in the field of art and music. You find success in the field of education. You are blessed with a child. You acquire glory, vehicle, servants and all comforts of life, through your own efforts. This is the proper time for making a house or inheriting a parental property.

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Your third and last phase of Saade Saati begins with the transit of Saturn into Scorpio sign. In this phase, Saturn is positioned in the second house, while ruling the fourth and fifth house. The fourth and fifth house pertains to mother and the children house. In the third phase, Saturn remains in the Scorpio sign of its enemy planet Mars. So you turn to be harsh, cruel, short tempered and zealous by nature and you do not fulfil your words and there develops a tendency of deceiving. In such a time, you are violent and get easily irritated. The capacity of analysing anything goes weak, resulting in your hateful activities. So you should carefully use the vehicle and armaments. During this period, the enemies become stronger and there is a possibility of their victory also. You should not lend money to anybody, otherwise there will be a great problem in its refundedment. The money exhausts and there are chances to face the wrath of the govt

The complete period of Saturn's Saade Saati does not remain same. Its favourableness and unfavourableness depends upon the star under which Saturn is moving. The remedies for reducing the sinner effects of Saade Saati are based on Mantra, devotion, worship and donations. A thorough analysis of the horoscope is required in this regard, for the knowledge of remedies for reducing the harm. For the DOSH SHANTI, the following remedies may be adopted for lessening the sinner effects of Saade Saati. There are great possibilities of benefit, if these remedies are adopted prior to beginning of the Saade Saati :-

1. Lord Saturn should be worshipped and oil may be offered in temple on every Saturday.
2. In the evening, the following mantra of Saturn should be muttered for 108 times : "OM Sah Shanishcharai Namah" or "OM Sham Shanishchrai Namah".
3. Keep a fast for atleast 40 Saturdays. This fast should be started in the brighter half of the lunar month.
4. A mustard oil lamp should be lighted under a peepal tree.
5. Iron, black collyrium(kala surma), mustard oil, leather shoes, black cloth, liquor, black urd dal etc. should be donated on Saturday.
6. A ring made up of black horse shoe or nail of the boat or blue sapphire should be worn.
7. Serve the people of low birth or give donations to them.

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8. Liquor or meat should not be consumed on Saturday.
9. The black collyrium (kala surma), should be put under earth, on Saturday.
10. The Almonds and coconut should be caused to flow in the river or running water, on Saturday.
11. Do not drink milk on Saturday night.

Though these remedies have been described, yet they should not be adopted by self. An able and learned astrologer should be consulted prior to applying these remedies. If these remedies are adopted properly and well in time, then the results of Saade Saati are not so sinner and adverse in effect, as they are told to be.

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